



The footrest helps to reduce pressure on nerves and blood vessels which are located under thighs. It improves circulation, reduces the tension on muscles, eliminates cramps and tiredness in legs, relieves back pain and allows a better position of the spinal column by improving sitting position. It also reduces pressure on the ankles. The footrest is sometimes necessary for the shorter individuals or those who cannot adjust their working surface.



CODE :
EFR1500 (3¼"/19cm to 3"/7.6cm)



CODE :
EFR2000 (3"/7.6cm to 5"/12.7cm)

Features :

- Moulded platform: 11½"/29.2cm x 14¾"/37.4cm.
- Available in two height.
- EFR-1000 easily adjusts from ¾"/19cm to 3"/7.6cm.
- EFR-2000 easily adjusts from 3"/7.6cm to 5"/12.7cm.
- No assembly required.

